

IMPORTANT DATES

Last date of Full Paper Submission : **12.07.2024**
Date of National Seminar : **19.07.2024**

REGISTRATION DETAILS

UG / PG Students : Rs. 150
Research Scholars : Rs. 200
Academicians : Rs. 250
Industry Delegates : Rs. 500
(Note: Registration Fees includes Participation Certificate, Refreshment and Lunch)

REGISTRATION LINK :

<https://forms.gle/VXUajmxn6NGTnhpr9>



PAYMENT FOR REGISTRATION

Google pay No : 9047592434



For Enquiry Contact

Dr. R. SIVARAMAKRISHNAN : 9047592434
Dr. T. KANIMOZHI : 9600797791



ALL ARE INVITED

CHIEF PATRON

Shri. D. LAKSHMINARAYANASWAMY
Managing Trustee
SNR Sons Charitable Trust

Shri. R. SUNDAR

Joint Managing Trustee
SNR Sons Charitable Trust

PATRON

Dr. B. L. SHIVAKUMAR
Principal & Secretary

CONVENOR

Dr. I. PARVIN BANU
Associate Professor & Head

ICPR SEMINAR COORDINATOR

Dr. R. SIVARAMAKRISHNAN
YRC Programme Officer
Assistant Professor

ORGANIZING COMMITTEE MEMBERS

Dr. R. Kavithamani, Assistant Professor
Ms. R. Meredith Chelsea, Assistant Professor
Mr. D. Nanee, Assistant Professor
Mrs. S. Shajitha Banu, Assistant Professor
Dr. T. Kanimozhi, Assistant Professor
Mr. P. Keerthivasan, Assistant Professor
Mr. L. R. Sivaraman, Assistant Professor

STUDENT COORDINATORS

C. Suhas – YRC Volunteer
Alen V Varughese – YRC Volunteer
Sidharth S Gopal – YRC Volunteer
G. Kiruthigan – III B.Com IB
Raghul Sankar – II B.Com IB
Alfin Rebecca – II M.Com IB



SRI RAMAKRISHNA
COLLEGE OF ARTS & SCIENCE (Autonomous)
(FORMERLY SNR SONS COLLEGE)
Avinashi Road, Nava India, Coimbatore - 641 006.

Ranked 86th by NIRF 2023 | Accredited with 'A+' Grade by NAAC
AICTE & UGC Approved, ISO 9001:2015 Certified, Affiliated to Bharathiar University



Youth Red Cross

INTERNATIONAL DAY OF YOGA 2024



**INDIAN COUNCIL OF
PHILOSOPHICAL RESEARCH
(ICPR), NEW DELHI**
SPONSORED

ONE DAY NATIONAL SEMINAR
ON

**“YOGA FOR HEALTH,
HAPPINESS & HARMONY”**



19th JULY, 2024

ORGANISED BY
YOUTH RED CROSS

&

**PG & RESEARCH DEPARTMENT OF
INTERNATIONAL BUSINESS**



Conference Hall - I 09.30 am



www.srcas.ac.in

ABOUT SRCAS

Sri Ramakrishna College of Arts & Science (Formerly known as SNR sons College) continues its journey in the field of higher education in the 37th year. It is situated at the heart of the city and has a beautiful campus sprawling over an area of 15.9 acres with excellent infrastructure. It is affiliated to Bharathiar University and accredited by National Assessment and Accreditation Council since 2001, with A+ in its 4th cycle. It is recognized by the UGC Act under sections 2f & 12B from 1998. The college enjoys Autonomous status since 2004. It is an ISO 9001:2015 certified college. The college is under the STAR College Scheme of the Department of Biotechnology (DBT), Government of India since 2019. The college secured 86th Rank in the National Institutional Ranking Framework (NIRF) in 2023. In the National Level Ranking of the leading Magazines, our college is placed in the list of top 50 colleges. The college set a record in the Noble Book of World Records in 2023 for organizing an Awareness Rally on Cleanliness. Education World Rankings 2024 ranked the college in 9th place in Tamil Nadu in the Private Autonomous Arts & Science category.

ABOUT YOUTH RED CROSS

Youth Red Cross (YRC) of Sri Ramakrishna College of Arts & Science was started in the year 2016. It serves as a vital platform for young people to engage in humanitarian activities, promote health and well-being, and contribute to building more compassionate and resilient societies. Through its activities, it aims to uphold the fundamental principles of the Red Cross movement and inspire a new generation of humanitarian leaders.

ABOUT THE DEPARTMENT

PG and Research Department of International Business was started in the year 1998. The department offers BCom IB and M.Com IB programs, that offers exposure to complexities of International dimensions of several disciplines such as Foreign Trade, Export Import Documentation, Supply Chain Management, Logistics Management, Foreign Exchange Management, HR Management, International Marketing, International Finance as well as International Economics and Social culture. It helps students tackle challenges of a complex multicultural, multilingual and a globally competitive environment as well as expose them to managerial challenges of International trade and of working under different jurisdictions.

ABOUT ICPR

The Indian Council of Philosophical Research set up by the Ministry of Education, Government of India, was registered as a society in March 1977 under the Societies Act, 1860, but it actually started functioning in July 1981 under the Chairmanship of Professor D.P. Chattopadhyaya. The Council has a broad-based membership comprising distinguished philosophers, Social scientists, representatives of the University Grants Commission, Indian Council of Social Science Research, Indian Council of Historical Research, Indian National Science Academy, the Central Government and the Government of Uttar Pradesh. The Governing Body (GB) and the Research Project Committee (RPC) are the main authorities of the Council.

ABOUT THE NATIONAL SEMINAR

The National Seminar aim to promote a deeper understanding of yoga as a holistic discipline that contributes to personal well-being, societal harmony, and global peace. They serve as platforms for knowledge exchange, networking, and fostering a greater appreciation for yoga's timeless wisdom and contemporary relevance.

SUB THEMES

- Yoga and Physical Health
- Yoga and Mental Well-being
- Yoga and Emotional Balance
- Yoga and Spiritual Growth
- Yoga for Social Harmony
- Yoga for Happiness
- Scientific Insights into Yoga
- Yoga and Lifestyle Management
- Yoga Education and Outreach
- Policy and Advocacy
- Yoga is a Science of Personality Development
- Eight Limb of Yoga
- Other related topics...

GUIDELINES FOR PUBLICATION

- * We invite Research Articles from Industry Delegates, Academicians, Research Scholars and Students on the theme of National Seminar.
- * All the accepted articles will be published in **Edited Book Chapter** with **ISBN** at Free of Cost for Registered Participants.
- * Maximum 3 Authors (**Each authors should pay Registration Payment separately**) and Send your Unpublished Articles in IEEE format (Word file) to **icpr2024lecture@gmail.com** along with Registration Payment Receipt.
- * Published soft copy of articles will be send through registered mail.