

SRI RAMAKRISHNA COLLEGE OF ARTS AND SCIENCE(AUTONOMOUS)

Women Empowerment Cell

Event Details (2018-19)

Staff Co-ordinators

President :Dr Deena S
BCom PA Secretary :Ms.Kavitha G
Treasurer:Dr Vidhya P

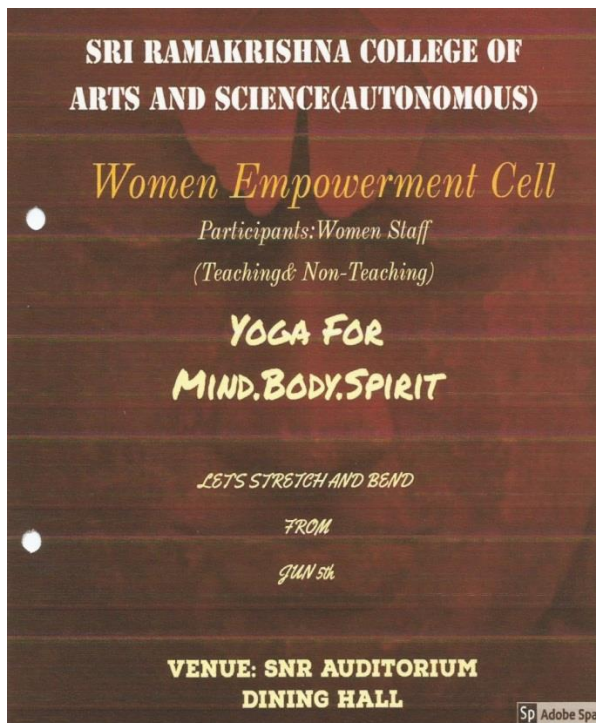
Student Co-ordinators

Chairperson :Ms.Meredith Chelsea III
Secretary :Ms.Aditi P, II BCom

Total student Members : All the girl students

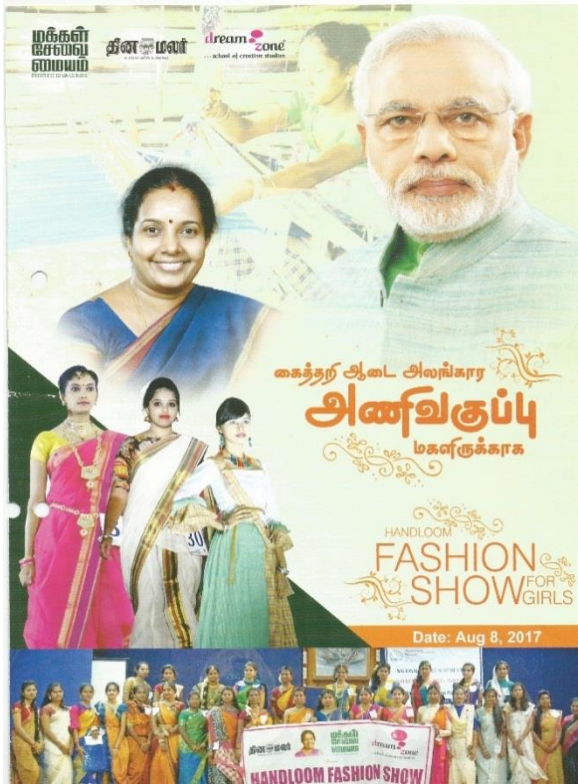
Event 1:Yoga for Staff

Yoga class has been conducted by the world community Service Centre –Coimbatore Zone from 05.06.2018 to 15.06.2018 for all the women's staff members.



Event 2: Handloom Fashion Parade

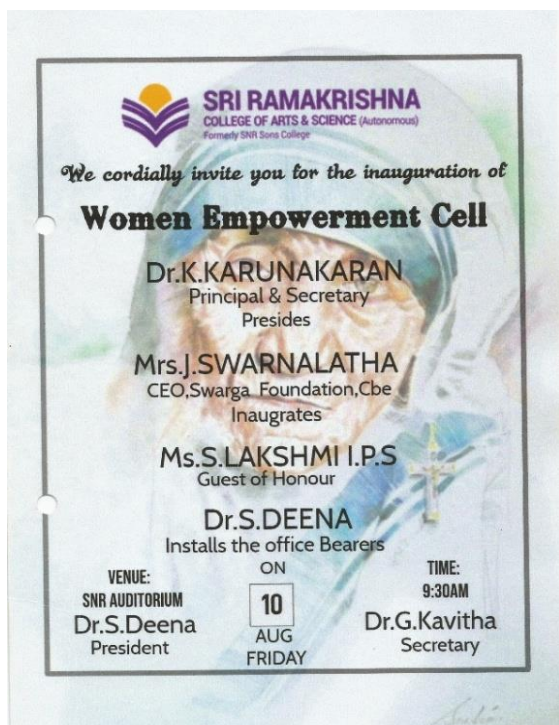
Handloom for Nation Handloom for Fashion –Fashion Parade Competition for girls student has been organised on 25.07.18. The motive of Organising such programmes is to spread the love for Indian handlooms among the Indian youth. 42 students has been participated in the programme and 2 students Niveditha III B.sc(maths) and Akshaya Aravindh III B.sc(Bio Tech) has been selected for the finals to be held at Hindusthan college of arts and science. Niveditha.V Of III B.sc(maths) have been participated in the finals of Handloom Fashion Show for the Students on 7th August 2018 and won the title of Handloom Maharani and awarded cash prize of Rs.10,000.



Event 3: Inauguration

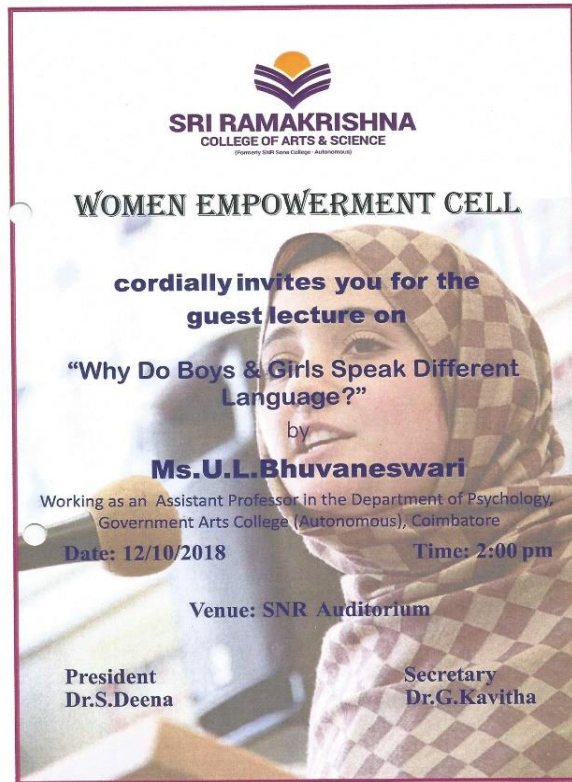
The inauguration of Women Empowerment Cell of Sri Ramakrishna College of Arts and Science was held on 10th August 2018 at SNR Auditorium. The function was organized with the theme “Unconditional Love” and the picture of Mother Teresa was displayed in all areas befitting the theme. **Dr S.Deena**, Vice Principal, SRCAS welcomed the gathering. The logo designed for

Women Empowerment Cell was released by the Sisters of Missionaries of Charity, Mother Teresa Convent, Coimbatore. **Ms S. Lakshmi IPS**, Dy.Commissioner of Police, Law & Order, Coimbatore who was the Guest of Honour, delivered a speech on “Women Safety & Well being”. The Chief Guest **Mrs J. Swarnalatha**, CEO, Swarga Foundations, Coimbatore rendered a motivational speech on how to convert adversities in life to opportunities for progress. 2000 students from UG and PG participated in this event



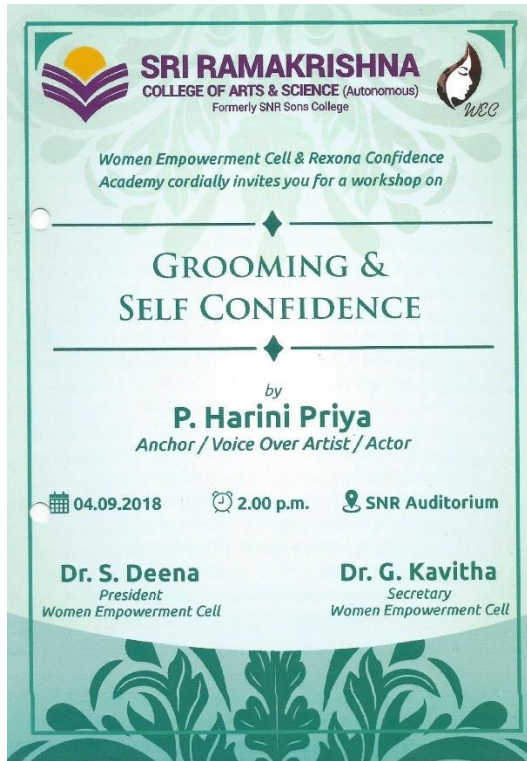
Event 4: Guest Lecture

A guest lecture had been arranged by the Women Empowerment Cell on 12.10.2018 at SNR Auditorium on the topic of “Why Do Boys & Girls Speak Different Language” exclusively for all the boys students, Over 1000 boys participated in this event. The session was handled by Ms.U.L. Bhuvanewari, Assistant Professor, Department of Psychology, Government Arts College(Autonomous), Coimbatore.




Event 5: Guest Lecture

Women Empowerment Cell of Sri Ramakrishna College of Arts and Science in association with Hindustan Unilever Limited conducted a Workshop on Grooming and Self confidence for III year girl students (600 Students) on September 4 2018 at SNR Auditorium. The guest speaker Ms. P .Harini Priya had an interactive session with the girls . She addressed the girls focusing on grooming them for the first interview and gave valuable tips to overcome the fear and nervousness during the interview. Finally a video emphasizing Self confidence and grooming was played.




Event 6: Guest Lecture

A guest lecture had been arranged on 5.10.18 in the topic of “Menstrual Health and Hygiene” Chief guest Dr..K.Kanmani Obstetrician & Gynecologist, Sri Ramakrishna College Hospital took over the session and delivered a speech . She addressed to the students of I Year UG Girls (600 Students) on Emotional changes, PCOS, Hygiene Practices, and Nutrition. Post chief guest address, the students raised the question to get clarified.



SRI RAMAKRISHNA
COLLEGE OF ARTS & SCIENCE
Formerly Sri Ramakrishna College, Angkor, Coimbatore



WOMEN EMPOWERMENT CELL

cordially invites you for the
guest lecture on

**MENSTRUAL HEALTH
&
HYGIENE**

by
Dr.M.Kanmani
Consultant Obstetrician & Gynaecologist
Sri Ramakrishna Hospital, Coimbatore

Venue: SNR Auditorium	Date: 5/10/18	Time: 2:00PM
---------------------------------	-------------------------	------------------------

Dr.S.Deena
President

Dr.G.Kavitha
Secretary



Event 7: workshop on Jewelry making

Women Empowerment Cell of Sri Ramakrishna College of Arts and Science conducted a one and half day workshop on “SILK THREAD AND TERACOTTA JEWELLERY MAKING” on 10/01/19 and 11/01/19 which was inaugurated by Mrs. Deena Chairperson WEC. The workshop focused at providing a quality learning experience while giving the opportunity for the participants to bring their own ideas and excel in the art of silk thread and terracotta jewellery making. 50 girl students from I and II year participated and learnt from Ms.Aswathy and Ms. Saranya, the art of making jewellery from the basics and groomed to bring out intricate designs of their jewellery. The finished products were put on an exhibit and our Principal DR K. Karunakaran and many other faculty members visited it. It was a great motivation for our participants to step as entrepreneurs.



Women Empowerment Cell
organises

A Professional Workshop on
**Silk Thread and Terracotta
Jewellery Making**

Conducted by the duo
Ashwathy & Saranya

—This Workshop focusses at providing a quality learning
experience while giving the opportunity for the participants to
bring their own ideas and excel in the art of silk thread and
terracotta jewellery making.

Sessions: January 10, 2019, 2.00pm–3.30pm
January 11, 2019, 10.00am–3.30pm

Place: E2

Seats Available: 50

Fee: ₹350



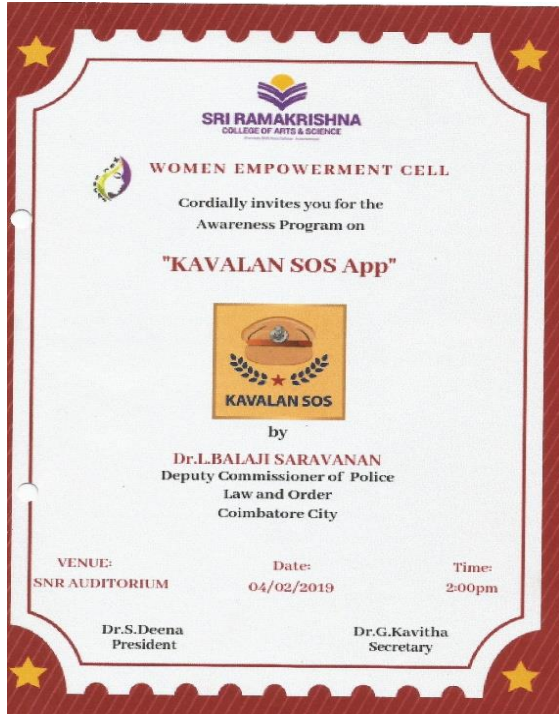
★ Materials will be provided

Register Today!
Limited seats available.



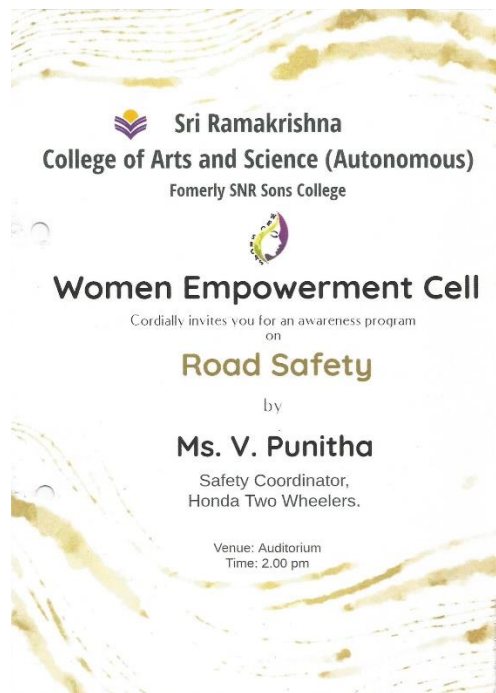
Event 8: Awareness Session Kavalan SOS APP

Women Empowerment Cell of Sri Ramakrishna College of Arts and Science organised an awareness program on KAVALAN SOS APP on 04/02/19. The session started with the inaugural address by DR S Deena President WEC. DR L Balaji Saravanan. Deputy Commissioner of Police (Law and Order) Coimbatore was honoured by Dr HennahRevathy, Dean, Humanities and Science. It was then proceeded by our chief guest Dr L Balaji Saravanan. He addressed all the UG girl students (600 Students) on the importance of KAVALAN SOS App and the usages of it. He insisted the girls and women to install the app on their mobiles and use it appropriately as and when needed. The girls were educated on the safety measures and precautions that should be taken while or before using the social media. Dr L Balaji Saravanan gave some real life incidents to make the students realise the importance of effects on being addicted to social media and other worse conditions.



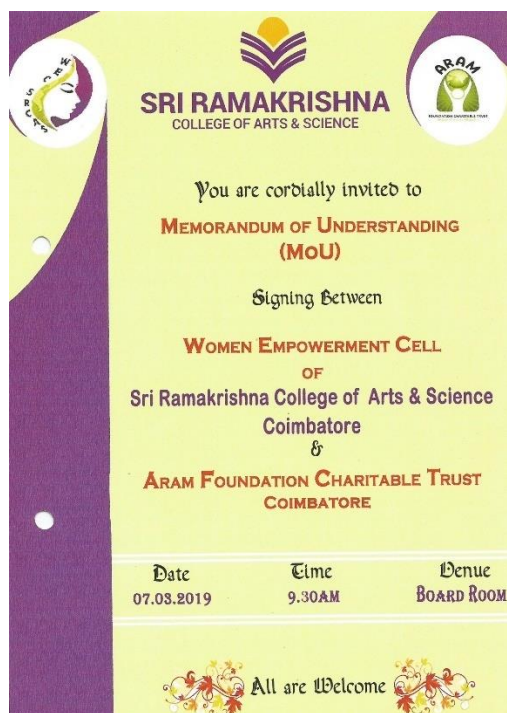
Event 9: Road Safety Awareness Session

Women Empowerment Cell of Sri Ramakrishna College of Arts and Science organised an awareness program on ROAD SAFETY on 02/02/19. Ms V Punitha ,SAfety Coordinator, Honda Two Wheelers was the resource person. MsPunitha briefed about on road safety for the I year UG Students (1300 Students). Students were given a presentation on the traffic symbols. She also elaborated on the markings given on the road, red light hopping, speed limits that should be followed while riding. MsPunitha also explained the importance of wearing seat belts while driving, helmets while on two wheeler, maintaining the lifetime of helmets. Students were also insisted to check the vehicles on daily basis before they start to ride . The session was concluded by her with a presentation on Lane discipline.



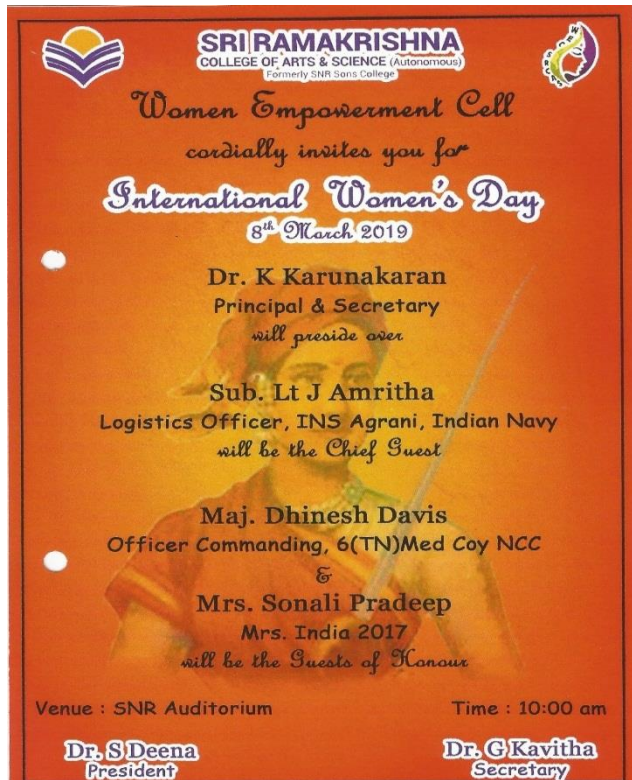
Event 10: MOU

A memorandum of understanding was signed between SRCAS-Women Empowerment Cell and Aram Foundation Charitable Trust on 07-03-2019, to establish channels of communication and co-operation that will promote and advance their respective operations within the institution and its related wings. Ms.LathaSundaram,Trustee, Aram Foundation, Coimbatore interacted with invited guests and discussed their activities in Co-operation with schools and other rural areas.



Event 11: International Women's Day

Women Empowerment Cell of Sri Ramakrishna College of Arts & Science, Coimbatore celebrated International Women's Day on 08th March 2019 in SNR Auditorium. Dr. S. Deena, President of Women Empowerment Cell welcomed the gathering. The Annual Report for the year 2018-2019 was presented by Dr. G. Kavitha, Secretary, WEC. Dr. K. Karunakaran, Principal & Secretary, presided over the function and spoke that self empowerment is the key to success. The chief guest, Sub. Lt. J. Amritha, Logistics Officer, INS Agrani, Indian Navy, motivated the students to be courageous and brave to face the world. Maj. Dhinesh Davis, Commanding Officer 6 (TN) Med Coy NCC spoke on the importance of physical well being. Mrs. Sonali Pradeep, 'Mrs. India 2017' spoke on the importance of physical fitness and hygiene. The cultural events were performed in a grand manner. The event "Parade of Bravery" presented the iconic women of India including Indira Gandhi, Kalpana Chawla, Rani Laxmibai, Velu Nachiyar etc. walked on the rostrum.



Event 12: Guest Lecture

Women Empowerment Cell organized a guest lecture on “ Iron Deficiency Anemia among Adolescent Girls – Prevention and Curative Action. Dr.Banumathy, Consultant Obstetrician & Gynecologist from Sri Ramakrishna Hospital handled the session . She deliberated the preventive measures to be taken the students . Nearly 1000 students from our college got benefitted from the session.



WOMEN EMPOWERMENT CELL

Cordially invites you for the
Guest Lecture on

**Iron Deficiency Anemia among Adolescent
Girls - Prevention & Curative Action**

By

Dr. M BANUMATHY
HOD & DNE Coordinator,
Department of Obstetrics and Gynecology,
Sri Ramakrishna Hospital, Coimbatore

Venue
SNR Auditorium

Date
18/03/19

Time
2.00 p.m

Dr S Deena
President

Dr G Kavitha
Secretary